

# Jefferson County Public Health – Report Performance Measurers 2012

## POPULATION & PREVENTION

**PROGRAMS:** Drug and Alcohol prevention, School Health and Tobacco prevention

**MISSION:** The purpose of the Population & Prevention Programs is to provide health education and public health interventions to county residents in order to promote a healthier community.

**GOALS FOR FY 2012:**

1. Improve identified social and health indicators for school-age youth.
2. Reduce favorable attitudes toward problem behavior within the youth and adult communities.
3. Enhance the overall health & safety of Jefferson County children.
4. Improve overall health of Jefferson County residents.

**OBJECTIVES FOR FY 2012:**

1. Convene Prevention Coalition (Jefferson County Community Network) to identify interventions to address drug and alcohol prevention in community.
2. Increase the perception of risk for youth regarding alcohol and marijuana use, especially for 6<sup>th</sup>, 8<sup>th</sup>, and 10<sup>th</sup> grade students. (source Healthy Youth Survey)
3. Maintain delivery of school in-service/trainings, student health screenings, student health consults, student health care referrals.
4. Provide information and education regarding the Clean-indoor Act regarding preventing tobacco smoke exposure in workplaces

<b><u>PERFORMANCE INDICATORS:</u></b>	<b>2009 Actual</b>	<b>2010 Actual</b>	<b>2011 Actual</b>	<b>2012 Planned</b>	<b>2012 Actual</b>
Prevention Coalition – Completion of Strategic Plan					Completed Dec. 2012
Number of classroom presentation/interventions (Drug and Alcohol preventions) School year*	116	117	101	112	112**
Number of students served in the class room presentations (Project Alert and TATU)*	382	493	387	398	398
Number of State mandated hearing and vision screenings facilitated by the school nurse for students in grades KG, 1, 2, 3,5 and 7,*	1034	1040	1040	1200	987 initially screened 305 rescreened 132 referred for further evaluation
Number of individual health care plans for students with chronic health conditions in all 4 school districts that were written by or facilitated by the JCPH school nurse*		106	112	120	144
Number of school health classes (2010-2011 school year)*	233.5	243	228	255	213.5

Number of students served in the school health classes*	1,145	1,102	1105	1000	1092
Smoking in Public Places awareness education to Businesses	17	15	33	5	Monthly Newsletter to 31 business, 5 in person visits

\* Data based on school year Sept. 2011–June 2012, \*\* Project Alert discontinued 2012-2013 school year

## Study Analysis 2012 Results and Funding Issues:

Jefferson County Public Health (JCPH) delivers programs that promote healthier communities and individuals. The above programs provide universal prevention programs available to everyone in the community. Preventing problems such as substance abuse and tobacco use have proven to be cost effective. The results of the 2012 Washington State Healthy Youth Survey (HYS) for Jefferson County schools were released in the spring of 2013 and results are posted on Jefferson County Public Health Web page under, Publications and Data, Health of Jefferson County, Part 5, Jefferson County Youth (updated 3/28/13), <http://jeffersoncountypublichealth.org/pdf/HealthyYouth0313.pdf> . 2012 HYS data will be used for community planning in 2013.

Drug and Alcohol Prevention program continues to provide integrated prevention services that promote healthy behaviors, prevent harm and support youth and family in the community and in the schools. Starting June 1, 2011 the Division of Behavioral Health and Recovery (DBHR) changed the contract for alcohol/drug prevention. DBHR funds are now to be used for a part-time staff to assist the Port Townsend Prevention Coalition in prevention policy development, environmental changes, and capacity building.

January 2012 JCPH, under the direction of DBHR Prevention Redesign, initiated a community process to develop a Strategic Plan. DBHR provided the facilitation for an Evidenced Based Practiced called “Communities that Care” (CTC). CTC created a broad-based coalition of key stakeholders who used data (Healthy Youth Survey) to prioritize risk and protective factors in the community. The Port Townsend Prevention Coalition with the help of Public Health Prevention staff created a Strategic plan with identified intervention programs to address identified needs. See completed Strategic Plan at JCPH website, <http://jeffersoncountypublichealth.org/pdf/StrategicPlanPrevention.pdf>

April 2012, for the 5<sup>th</sup> consecutive year, JCPH worked along with community partners on the “Our Kids: Our Business” Social Awareness Campaign.

Project Alert (Drug and Alcohol Prevention Classes) were completed through the 2011-2012 School Year. Local funding through the City of Port Townsend supporting JCPH Project Alert ended the beginning of 2012. State DBHR funds will be focused on community coalition building. Drug and Alcohol Prevention classes for the 2012-2013 school year were cut as funding ended.

The Port Townsend Prevention Coalition and the Port Townsend School District through the Prevention Strategic Planning process started new Drug and Alcohol prevention classes at Blue Heron Middle school January 2013. The Evidence Base program is called “Life Skills” and it is being facilitated by

officers from the Port Townsend Police department, Jefferson Mental Health staff and a community volunteer through the Community Network.

Funding for JCPH to provide limited school nursing services for Port Townsend, Chimacum, Quilcene and Brinnon school districts was based on contracts with Educational Service District 114.

Responsibilities of the school nurse include: 1) writing health care and emergency response plans for students with chronic health conditions; 2) providing staff training to support student health and safety; 3) monitoring medication administration needed for students at school; 4) providing consultation on communicable diseases that may affect students and staff, and annual immunization reporting to Washington State Department of Health. JCPH contracts separately with school districts to provide required health education classes and annual hearing/vision screening. Those contracts remained the same in 2012.

State Tobacco Prevention funding ended in 2011. JCPH is still responsible to enforce Washington State's Clean Indoor Air Act. JCPH will continue to provide education and support for business to comply with the state law as needed.

April 4, 2013